



**2014-15  
USA Swimming  
IM Xtreme Games-NE**

**January 30 - February 1, 2015  
University of Maryland  
College Park, MD**

**Official Event Information**

**LSCs PARTICIPATING IN THE NORTHEAST REGION MEET**

**Adirondack, Allegheny Mountain, Connecticut, Maine, Maryland, Metropolitan, Middle Atlantic, New England, New Jersey, Niagara, Potomac Valley, Virginia, West Virginia**



**2014-15**  
**USA Swimming IM Xtreme Games-NE**  
 January 30—February 1, College Park, MD  
 Sanctioned by USA Swimming through Potomac Valley Swimming PVZ-15-501

**Important Facts About the Meet**



- ◆ The qualifying period for this event is September 1, 2013 through the entry deadline.
- ◆ **Entry Deadline:** All entries must be received no later than Tuesday, January 20, 2015 by 11:59 p.m. Eastern Standard Time.
- ◆ **E-Mail Entry Deadline:** Athletes achieving the qualifying time standards for the first time from Saturday January 24, through Sunday January 25, 2015 may be sent by e-mail. These entries must be received no later than 11:59 p.m. Eastern Standard Time on *Monday January 26, 2015*, and cannot be used to improve the seed time of a prior entry. Please use the official “E-Mail Entry Form”. The e-mail entry form will be provided by the Meet Director.
- ◆ All athletes that are 9-14 years on the first day of the meet are eligible for the meet if they have achieved the minimum qualifying score in any age during the qualifying period.
- ◆ This meet will follow IMX Challenge program guidelines.
- ◆ The qualifying standard will be a minimum IMX Challenge score of 1800 points for all ages and genders. Qualifying standards are the same for SCY and LCM.
- ◆ At the discretion of the Meet Referee, the preliminary sessions may be conducted using “Flyover” starts. Details of any changes to normal meet operations protocol will be announced at the coaches meeting.
- ◆ All events will be pre-seeded. Known scratches should be sent to the Meet Director prior to January 21st.
- ◆ Swimmers’ and Coaches’ Responsibility—It shall be the swimmers’ and coaches responsibility to acquaint themselves with all of the information contained in this meet information book and any details at the coaches
- ◆ **All swimmers MUST provide their own timer and counter for the 500 Free on Friday**
- ◆ 2 courses will be use for the entire meet
- ◆ Session start times MAY be adjusted after all entries have come in.
- ◆ **It may be necessary for swimmers in later heats of an event to swim on the opposite gender’s course in order to balance timelines. Coaches will be informed and will be given the opportunity to concur in the event this becomes necessary**

*Age of the athlete will be the first day of the competition.*

*Any swimmer that is 9-14 year-old is eligible for the meet who has achieved the minimum qualifying score in any age during the qualifying period. That is, a swimmer who has achieved a minimum qualifying score as a 10-year-old and ages up to 11 prior to the start of the meet will be eligible to enter the meet and compete as an 11-year-old. A 12-year-old who has achieved the minimum qualifying score but ages up to 13 prior to the start of the meet will be eligible to enter the meet and compete as a 13-year-old.*

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## 2014-15 USA Swimming IM Xtreme Games-NE Order of Events

<u>Women's Events</u>	<u>Session 1– Friday January 30</u>	<u>Men's Events</u>
1	13-14 500 Freestyle	2
3	11-12 500 Freestyle	4
	<b><u>Session 2 - Saturday January 31</u></b>	
5	13-14 200 Butterfly	6
7	13-14 200 IM	8
9	13-14 200 Breaststroke	10
	<b><u>Session 3– Saturday January 31</u></b>	
13	11-12 100 Butterfly	14
17	11-12 100 Breaststroke	18
	<b><u>Session 4– Saturday January 31</u></b>	
11	9-10 200 Freestyle	12
15	9-10 100 Butterfly	16
23	9-10 100 Breaststroke	24
	<b><u>Session 5 - Sunday February 1</u></b>	
19	13-14 200 Backstroke	20
21	13-14 400 IM	22
	<b><u>Session 6 - Sunday February 1</u></b>	
25	11-12 100 Backstroke	26
29	11-12 200 IM	30
	<b><u>Session 7—Sunday February 1</u></b>	
27	9-10 100 Backstroke	28
31	9-10 200 IM	32

### SCHEDULE:

#### Friday, January 30, 2015 PM Session

- ▶ Warm ups will start at 1:00 PM
- ▶ Competition will start at 2:00 PM
- ▶ 500's will be swum fast to slow.

#### Saturday, January 31, 2015 AM Session

- ▶ 13-14 Warm ups will start at 6:30 AM
- ▶ 13-14 Competition will start 7:30 AM
- ▶ 11-12 Warm ups will start no sooner than 12:00 PM
- ▶ 11-12 Competition will start no sooner than 1:00 PM
- ▶ 9-10 Warm ups will start no sooner than 3:15 PM
- ▶ 9-10 Competition will start no sooner than 3:45 PM

#### Sunday, February 1, 2015 AM Session

- ◆ 13-14 Warm ups will start at 6:30 AM
- ◆ 13-14 Competition will start at 7:30 AM
- ◆ 11-12 Warm ups will start no sooner than 12:00 PM
- ◆ 11-12 Competition will start no sooner than 1:00 PM
- ◆ 9-10 Warm ups will start no sooner than 4:15PM
- ◆ 9-10 Competition will start no sooner than 4:45 PM
- ◆ 2 courses will be used for the entire meet
- ◆ Session start times MAY BE adjusted and will be announced at the coaches meeting

## General Information



### Facility Address

Eppley Recreation Center  
University of Maryland  
College Park, MD 20742

### Meet Referee

Scott Witkin—RMSC  
[scottwitkin@verizon.net](mailto:scottwitkin@verizon.net)

### Entry Chairperson

Bill Marlin  
3212 Allness Lane  
Herndon, VA 20171  
571-334-0987  
[Coach bill@verizon.net](mailto:bill@verizon.net)

### Meet Director

Bill Marlin  
3212 Allness Lane  
Herndon, VA 20171  
571-334-0987  
[Coach bill@verizon.net](mailto:bill@verizon.net)

### Co-Meet Director

Terri Marlin  
3212 Allness Lane  
Herndon, VA 20171  
571-334-0871  
[marlinswimming@verizon.net](mailto:marlinswimming@verizon.net)

### Meeting Schedule

Friday, January 30	1:45pm	Coaches General Meeting	Hospitality
Saturday, January 31	3:35pm	9-10 Coaches General Meeting	Hospitality
Friday January 30	1:20pm	Official's Briefing	Hospitality
<i>All subsequent officials' briefings TBA</i>			
Sunday, February 1	6:45 am	Coaches Evaluation Meeting	Hospitality
Sunday, February 1	4:35 pm	9-10 Coaches Evaluation Meeting	Hospitality

### LSCs PARTICIPATING IN THE NORTHEAST REGION MEET

**Adirondack, Allegheny Mountain, Connecticut, Maine, Maryland, Metropolitan, Middle Atlantic, New England, New Jersey, Niagara, Potomac Valley, Virginia, West Virginia**

### Hotels

See page 5 for more detailed hotel information.

### Officials

The Potomac Marlins welcomes any of your USA Swimming Officials to work on deck during this meet. Officials' uniforms will be white over blue. Shorts are acceptable throughout. Please contact Scott Witkin with any officials interested in working, [scottwitkin@verizon.net](mailto:scottwitkin@verizon.net)

## General Information (Continued)



### Ticket Information

There will be no admission charge

#### Airlines:

#### Airlines serving Washington D.C. Regan National

Air Canada	888/247-2262
AirTran	800/AIRTRAN
Alaska Airlines	800/252-7522
American Airlines	800/433-7300
Delta	800/221-1212
Frontier	800/432-1359
JetBlue	800/538-2583
Southwest	800/435-9792
Sun Country	800/359-6786
United	800/864-8331
US Airways	800/428-4322
Virgin America	877-359-8474

#### Car Rental Agencies

Alamo	800/462-5266
AVIS	800/331-1212
Budget	800/527-0700
Enterprise	800/736-8222
Hertz	800/654-3131
National	800/227-7368

#### Off Airport

Advantage	800/777-5500
Dollar	800/800-4000

### Meet Hotel Information—Request IMX Meet Rates

#### Greenbelt Marriott — Host Hotel \$109

6400 Ivy Lane  
Greenbelt, MD 20770  
4.3 miles to University (10 minutes)  
(301) 441-3700

#### Holiday Inn Washington—College Park \$93

10000 Baltimore Blvd.  
College Park, MD  
3.4 miles to University (10 minutes)  
301-345-6700

#### Sheraton Washington North \$89

Breakfast Available  
4095 Powder Mill Road  
Beltsville, MD 20705  
6.3 miles to pool (14 minutes)  
1-800-325-3535 (ask for Potomac Marlins Rate)

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Greenbelt Courtyard by Marriott  
2.9 miles to University  
866-712-4780

Hampton Inn College Park  
2.9 miles to University  
866-539-5072

Clarion Inn College Park  
1.0 miles to University  
866-925-9753

Comfort Inn & Suites  
1.1 miles to University  
866-538-0154

Hilton Garden Inn  
3.0 mile to University  
866-925-7710

### Media Credentials

Anyone wishing media access to the event must contact the Co-Meet Director Terri Marlin at [marlinswimming@verizon.net](mailto:marlinswimming@verizon.net) for Media Credentials.

### Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.



**Information/Lost & Found**

A Lost & Found booth will be available at the lifeguard office located on the pool deck under the stands.

**Medical Assistance**

Medical assistance will be provided at the facility. Those needing medical assistance should go to the Lifeguard office located on the pool deck under the stands.

**Parking**

Parking will be in the Stadium Parking Garage.

**Concessions**

Limited Concessions are provided at the facility.

**Hospitality**

Coaches' and Officials' hospitality will be available throughout the meet in the Hospitality Room on deck.

**Coaches' Packet**

Current USA Swimming coach members who have swimmers in the meet (coach and swimmer(s) must be registered with the same team), may receive a deck pass which includes hospitality.

**Credential Pick-Up & Registration**

Credentials are being issued upon building entry. Coaches must have their current USA Swimming Registration Card displayed.

**Credentials**

Restricted access to the facility will be strictly enforced. Please wear your USA Swimming Registration Card at all times.

**Team Banners**

Banners may be attached to the balcony railing using rope or cord. Please do not use adhesives

**Results (Live Results)**

After each session at these championships, the results will be available at [www.potomacmarlins.com](http://www.potomacmarlins.com)

**Facility Notes**

Seating Gallery: Open on the south side of the facility only. Contains bleacher seating only.  
 The following rules will be strictly enforced:  
 1. The Eppley Recreation Center is designated as a smoke free zone. Smoking is not permitted anywhere in the facility.  
 2. No food or drinks with exception of plastic water bottles will be permitted on deck.  
 3. Due to USA Swimming Insurance requirements **only credentialed** swimmers, coaches, officials and volunteers are allowed on deck. **There are no exceptions.**  
**Anyone caught abusing the facility will be asked to leave IMMEDIATELY. Teams will be billed for any damages caused by their swimmers.**

**Eppley Recreation Center Competition Pool**

Continuous warm-up and warm-down available.

The Competition Pool of the Eppley Recreation Center is 50-meters by 25 yards with 16 SCY racing lanes. Two moveable bulkheads allow for long or short course events. There is a separate warm-up / Cool-down pool.

Course#1, water depth ranges from 11'-6" to 13' in for both the starting and turning ends.

Course #2, water depth ranges from 10'-9" to 5' in both the starting and turning ends

**Pool Certification**

The competition course has not been certified in accordance with 104.2.2C(4).

**Pool Hours**

Friday, January 30, 2:00 p.m. - 9:00 p.m.  
 Saturday & Sunday January 31 / February 1:  
 7:00 a.m. - 15 minutes after the final event.

**Automatic timing (touch pads primary) will be used for this meet .**



## University of Maryland Eppley Recreation Center

University of Maryland  
College Park, Maryland 20742  
301-226-44— 25 Yards - 16 lanes  
50 Meters - 8 lanes

**Directions:** Capitol Beltway (MD) exit 25 US 1 South on Baltimore Ave. Proceed to off ramp for MD 193 west (Signs for Univ of Maryland stadium.) Proceed two traffic lights to Stadium Drive. Turn left and proceed to traffic circle in front of parking garage. Bear right after going 3/4 way around circle. Proceed short distance to next intersection and turn left. Go to bottom of hill to parking lot.

For some meets, athletes, coaches and officials will be able to enter the building at this level. Otherwise, building entrance is at top of stairs from parking lot.

Parking in lower lot may sometimes either be restricted or prohibited . In this case, use the stadium parking garage and walk from there to the pool. (The garage can be reached by not turning left for lower parking lot. Instead, garage entrance is just after this intersection on the right.) **There may be a charge at certain times for using the lower lot or the Stadium parking lot.**

On **weekdays after 4pm, and all day Saturday and Sunday**, parking is also available **for free** in the **new** Comcast Arena Garage. This garage is only accessible off University Blvd (MD193) **Eastbound ONLY**. The only approach to the garage is by turning right at the traffic light at Terrapin Trail, the next intersection after Stadium Drive.

If you approach the pool going Westbound on MD 193 you need to make a U-turn at the Stadium Drive light, go east and then turn right at the next intersection -- Terrapin Trail..

The new Comcast garage does not appear on all versions the University of Maryland map.

There is a foot bridge that connects the Comcast Garage to the Campus Recreation Center.

Once you cross the bridge, you can enter the Recreation Center on the ground level and take either the stairs or an elevator up two levels to the spectator entrance level.

[Link to Yahoo Map](#)

[Link to "Most Current" University of Maryland Map](#)

[Link to current Parking Map](#) look for Stadium Dr Garage Northside Near Atrium. It's a short walk to the pool.



### Entry Chairperson

Bill Marlin  
571-334-0987  
[coach\\_bill@verizon.net](mailto:coach_bill@verizon.net)  
3212 Allness Lane  
Herndon, VA 20171

### All Entry questions should be directed to:

Bill Marlin-Entry Chair

### Entry Process

The meet will be run using Hytek's Windows Meet Manager 5.0. Entries may be made by e-mail. ([coach\\_bill@verizon.net](mailto:coach_bill@verizon.net)). Entries not submitted by e-mail will be subject to a \$25 processing fee for teams with more than 3 swimmers. Telephone entries or FAX entries will not be accepted. For entries received by e-mail, an acknowledgement that your entry file has been received will be emailed within 24 hours of submission.

Should you not receive an acknowledgement of your entry within 24 hours, please contact the entry chair by e-mail or telephone immediately.

After you have received notification of receipt of your entries, please submit your Meet Summary Page with payment in full.

Make checks payable to Marlin Meet Management. Mail entries and fees to Bill Marlin at the address above.

- Entries will be accepted starting January 1, 2015
- Entries will close January 20, 2015

### THERE WILL BE NO OME ENTRY PROCESS

**E-Mail Entry Deadline:** Athletes achieving the qualifying time standards for the first time from Saturday January 24, through Sunday January 25, 2015 may be sent by e-mail. These entries must be received no later than 11:59 p.m. Eastern Standard Time on Monday January 26, 2015, and cannot be used to improve the seed time of a prior entry. Please E-Mail these last minute entries to the Meet Director.

### Qualifying Period

The qualifying period for this event is September 1, 2013 through the entry deadline.

### Proof of Entry Score

To enter the meet an athlete must have a minimum IMX Challenge qualifying score of 1800 verified by USA Swimming.

### Entry Fees:

\$8.50 per athlete surcharge  
\$25.00 per 9-10 athlete total entry  
\$25.00 per 11-12 athlete total entry  
\$30.00 per 13-14 athlete total entry

### Number of Events

A swimmer must enter and swim all IMX Challenge events within their age group and gender to be eligible for team scoring and awards. All entry times must be proven.

### Events

**9-10-year olds:** 200 Free, 100 Back, 100 Breast, 100 Fly, 200 IM

**11 & 12-year olds:** 400 Free (LC) or 500 Free (SC), 100 Back, 100 Breast, 100 Fly, 200 IM

**13 & 14-year olds:** 400 Free (LC) or 500 Free (SC), 200 Back, 200 Breast, 200 Fly, 200 IM, 400 IM

### Scoring

Hy-Tek IMX scoring will be used exclusively. Each time will be given a point value; swimmers' scores from all events will be combined for an overall IMX point total. **Disqualifications will receive zero points. An athlete's score will still be considered for top 16 individual awards and for team scoring.** Scoring will be determined according to single-year age groupings and the swimmers' IMX totals.

### No Shows

A no show in any event will remove the swimmer from the IM Xtreme scoring. Swimmers will be allowed to swim all remaining events for time only. Declared false starts will not be allowed.

### Individual Awards

USA Swimming IMX plaques will be awarded for the top sixteen swimmers in each single-year age bracket and gender.

### Team Scoring & Awards

Plaques will be awarded for the top three teams by compiling the Hy-tek IMX Scoring for the top 16 individual scorers in each age and gender.

### Waiver and Release Form

A Waiver and Release form included with this meet information book must accompany entry and payment.





**Rules**

USA Swimming Rules and Regulations will govern the conduct of these Games and will serve as the official guide for technical and procedural rules.

It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book.

No swimmer will be issued a credential without a coach member present. If the home club coach is not planning to attend the event, the swimmer (s) must be assigned a supervising coach (per USA Swimming rule 202.3.2). Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, the Meet Director will arrange for a coach to serve this role. Please inform the Meet Director prior to the meet if a coach must be found.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12&U sessions in Rule 205.3.1F.

**ELIGIBILITY:**

Swimmer(s) must be registered with USA Swimming and be between the ages of 9 and 14 to be accepted in this meet. Age as of January 30, 2015 shall determine swimmer's age for the entire meet.

**Membership Requirement**

All coaches and officials expecting to be on deck should be prepared to show a current USA Swimming Registration Card. There will be no on deck registration. Coaches **MUST** constantly display their current USA Swimming coach credentials to gain deck access. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

**Check-In**

Coaches are responsible for all business conducted at the Coaches General Meeting. If, for any reason, you cannot attend the meeting, be sure to find out what occurred.

- A. Coaches must present their current USA Swimming Registration Card to gain access to the deck.
- B. After you have been cleared, you will receive your coaches heat sheet at the computer table.
- C. Present any questions to the Meet Referee or Meet Director.

**Positive Check-In for Athletes**

There will be no positive check-in for swimmers.

Known Scratches should be reported to the Meet Director prior to January 21st.

**Warm-Up and Safety**

Meet Management will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be distributed with the meet information at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored by the Meet Referee (or his/her special designees). Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. Encourage your swimmers to cooperate with marshals.

**Swimsuits**

All swimmers entered into the competition must comply with the USA Swimming Rulebook Section 102.8 regarding swimwear and taping.

**Note:** In granting this sanction, it is understood and agreed that USA Swimming, Potomac Valley Swimming, Potomac Marlins and the University of Maryland shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.



# SUMMARY OF ENTRIES

**THIS FORM IS REQUIRED WITH PAYMENT**

**(If utilizing Fed Ex/Overnight mail you must check the waive signature box to insure timely delivery-received no later than Tuesday, January 20th 2015)**

Please fill out the information requested below and mail with your entry form and check.  
Please refrain from sending cash and **make checks payable to: Marlin Meet Management**  
Thank you.

**Send to:** **Bill Marlin (IMX)**  
3212 Allness Lane.  
Herndon, VA 20171

NAME OF CLUB \_\_\_\_\_ CLUB CODE \_\_\_\_\_

Number of swimmers (and alternates) entered:  
*Athlete Surcharge* Boys: \_\_\_\_\_ X \$ 8.50 = \_\_\_\_\_  
 Girls: \_\_\_\_\_ X \$ 8.50 = \_\_\_\_\_  
 Number of 9-10 yr. old individuals entered: \_\_\_\_\_ X \$ 25.00 = \_\_\_\_\_  
 Number of 11-12 yr. old individuals entered: \_\_\_\_\_ X \$ 25.00 = \_\_\_\_\_  
 Number of 13-14 yr. old individuals entered: \_\_\_\_\_ X \$30.00 = \_\_\_\_\_

**Club Official Submitting Entry:**

**Coaches:**

**TOTAL AMOUNT ENCLOSED:**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ Club Official FAX: \_\_\_\_\_  
 Daytime Phone: ( ) \_\_\_\_\_ Club Official E-mail: \_\_\_\_\_

**Release and Hold Harmless Agreement**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host club (Potomac Marlins), University of Maryland, USA Swimming, the host club and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host club, University of Maryland, USA Swimming, the host club and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

**Signature of Club Official/Coach** \_\_\_\_\_ **Date** \_\_\_\_\_

\*Person who signs above is responsible for any fines imposed on the club.  
 \*You may have one designated spokesperson for your team to talk to the Meet Referee. The coach would be the logical person.

Please list the name of your spokesperson: \_\_\_\_\_

**Did you submit?**

<input type="checkbox"/>	Electronic entries
<input type="checkbox"/>	Check for entries
<input type="checkbox"/>	I have read the meet information , the entry and competition procedures and understand all of them.
<input type="checkbox"/>	This completed form