

CENTRAL YORK AQUATICS  
5TH ANNUAL FALL A/BB/C INVITATIONAL  
JANUARY 29-31, 2016

MEET HOST	CENTRAL YORK AQUATICS		
SANCTION	Held under the sanction of USA Swimming and Middle Atlantic Swimming. <b>Sanction #</b> MA 1620 A <i>In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</i>		
MEET DIRECTOR	NATE GENTZLER	E-MAIL: nater284@gmail.com	PHONE: 717-586-4573
LOCATION	<b>Pool name</b> CENTRAL YORK HIGH SCHOOL NATATORIUM <b>Street address</b> 601 MUNDIS MILL ROAD <b>City, state and zip</b> YORK, PA 17406 <b>Day of meet ONLY emergency phone</b> 717-586-4573		
FACILITY DESCRIPTION	This is an <input checked="" type="checkbox"/> indoor <input type="checkbox"/> outdoor pool with 8 lanes for competition, a Colorado timing system with a 8 line scoreboard and AntiWave 6" Maximum lane lines. The meet will be conducted in <input checked="" type="checkbox"/> SCY <input type="checkbox"/> SCM <input type="checkbox"/> LCM. Deck seating for 300 and spectator seating for 500. Parking capacity 500. Hospitality will be available for coaches and officials. Snack bar will be available during all sessions, as will a swim apparel/equipment vendor.		
POOL CERTIFICATION	The competition course <input type="checkbox"/> has <input checked="" type="checkbox"/> has not been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start end of the pool is 13 feet and at the turn end is 7 feet.		
EVENTS	This meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	AUGUST 1, 2015		
ENTRY DEADLINE	JANUARY 17, 2016 at 11:59 PM		
ENTRY FEES	Individual Events: \$5.00	Relay Events: \$10.00	
ENTRY LIMITs	4 Individual Events per day (excluding relays).	0 Relays per day	MEET ENTRY LIMIT: 9
ELIGIBILITY	All entrants must be registered members of USA Swimming. Age <b>as of the first day of the meet</b> determines eligibility. This meet is open to all USA swimming registered swimmers.		
ON-SITE REGISTRATION	On-site registration <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted at this meet. Unregistered swimmers may register on deck at this meet by tuning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee. This applies to all swimmers attached to a club.		
ENTRY PROCEDURES	<ul style="list-style-type: none"> <li>The Meet Director reserves the right to limit entries, events or heats in order to conform to MA/USA Swimming rules. Swimmers/teams eliminated from the meet due to time or space constraints will be given a full refund.</li> <li>Entry times must be submitted in the course in which they were achieved. Nonconforming times will be seeded after all of the yards seed times. NT entries <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be accepted.</li> <li>Entries must be submitted electronically in a format compatible with Hy-Tek meet management software.</li> <li>All entries should be submitted via e-mail, subject YOUR TEAM NAME – MEET NAME entry. Please include the following information in the body of the e-mail: Meet Name, Team Name, Number of Individual Entries, Number of Relay Entries and Team Meet Entry Person's Contact Information</li> <li>Electronic entry files (TM / TU or equivalent) are required for all entries. Unattached swimmers are encouraged to use Hytek's <a href="#">TM Lite</a> for entry submission. Manual (paper) entries are subject to a \$15 surcharge. Teams with five or more swimmers who submit manual entries are subject to an additional \$25/swimmer surcharge. These fees are due at the time of entry submission. A manual entry form can be found <a href="#">here</a>.</li> <li><b>FINAL</b> entry payments and any necessary reports must be mailed or e-mailed to the entry chair by January 24, 2016 Include <a href="#">Meet Entry Summary</a> with payment.</li> </ul>		
MEET ENTRY CHAIR	NATE GENTZLER	PHONE #: 717-586-4573 (no calls before 9:00 AM or after 9:00 PM)	
E-MAIL ENTRY FILES TO	NATER284@GMAIL.COM		
MAIL CHECKS/ REPORTS	1162 RUTH STREET, YORK, PA 17408		
CHECKS PAYABLE TO	CENTRAL YORK AQUATICS		
SAFETY DIRECTOR	NATE GENTZLER	E-MAIL: nater284@gmail.com	PHONE: 717-586-4573
OFFICIALS CONTACT	MISSY LEYDIG APRIL WOBBER	E-MAIL: cyavc@yahoo.com	PHONE: 717-676-1917

**Session 1**  
Friday Evening

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
1	Senior 1000 Freestyle	2
3	Senior 1650 Freestyle	4

**Session 2**  
Saturday Morning

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
5	13-14 200 Backstroke	6
7	Senior 200 Backstroke	8
9	13-14 100 Breaststroke	10
11	Senior 100 Breaststroke	12
13	13-14 200 Butterfly	14
15	Senior 200 Butterfly	16
17	13-14 100 Freestyle	18
19	Senior 100 Freestyle	20
21	13-14 200 Individual Medley	22
23	Senior 200 Individual Medley	24

**Session 3**  
Saturday 500 Freestyle

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
25	Senior 500 Freestyle	26

**Session 4**  
Saturday Evening

<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
27	9-10 200 Individual Medley	28
29	11-12 200 Individual Medley	30
31	9-10 50 Backstroke	32
33	11-12 50 Backstroke	34
35	12 & Under 200 Butterfly	36
37	9-10 100 Freestyle	38
39	11-12 100 Freestyle	40
41	9-10 50 Breaststroke	42
43	11-12 50 Breaststroke	44
45	12 & Under 200 Backstroke	46
47	9-10 100 Butterfly	48
49	11-12 100 Butterfly	50

**Session 5**  
Sunday Morning

GIRLS	EVENT	BOYS
51	13-14 200 Freestyle	52
53	Senior 200 Freestyle	54
55	13-14 100 Butterfly	56
57	Senior 100 Butterfly	58
59	13-14 50 Freestyle	60
61	Senior 50 Freestyle	62
63	13-14 100 Backstroke	64
65	Senior 100 Backstroke	66
67	13-14 200 Breaststroke	68
69	Senior 200 Breaststroke	70

**Session 6**  
Sunday 400 Individual Medley

GIRLS	EVENT	BOYS
71	Senior 400 Individual Medley	72

**Session 7**  
Sunday Afternoon

GIRLS	EVENT	BOYS
73	9-10 200 Freestyle	74
75	11-12 200 Freestyle	76
77	9-10 50 Butterfly	78
79	11-12 50 Butterfly	80
81	12 & Under 200 Breaststroke	82
83	9-10 100 Backstroke	84
85	11-12 100 Backstroke	86
87	9-10 50 Freestyle	88
89	11-12 50 Freestyle	90
91	9-10 100 Breaststroke	92
93	11-12 100 Breaststroke	94
95	9-10 100 Individual Medley	96
97	11-12 100 Individual Medley	98

<b>DECK ENTRIES</b>	Subject to space availability, and at the discretion of the Meet Director, deck entries will be accepted on the day of the meet, prior to the start of each session, at the cost of \$10 per event. Deck-entered swimmers will compete unofficially; the achieved time is official, but will not score in the meet for points or awards. To enter, please see the Meet Director before or during warm-ups. Swimmers not previously entered in the meet must provide proof of current USA Swimming registration.
<b>PROOF OF TIMES</b>	Entry times must be from a sanctioned, approved or observed meet. Proof of time <input type="checkbox"/> is <input checked="" type="checkbox"/> is not required for this meet. Falsification of any entry time may be subject to penalties/fines set by Middle Atlantic
<b>SEEDING</b>	This meet will be deck-seeded with the exception of the event(s) noted below. All events for this meet will be deck-seeded. Check-in sheets will be available prior to the start of each session and must be turned into to the Admin desk 30 minutes after the start of warm-ups. Each team will receive a check-in sheet with all events listed for that session. A swimmer who will scratch all events for that session should have his/her name crossed out with a thin line. A swimmer scratching a single event should have a thin line only through the event(s) that they will scratch. Please use a simple line, not a scribble, so that the name is still legible. There is no penalty for swimmers that are not scratched and then do not swim their event.

	All distance session events will be seeded fast-to-slow, and the 500, 1000, and 1650 Freestyle will alternate men and women.	
<b>AWARDS</b>	<p>Awards will be presented to the 9-10, 11-12 and 13-14 age groups for each event. Awards will not be given to senior swimmers.</p> <p>Awards will be presented to the top 8 times in each category, "A", "BB", "C." Results categories will be based on the entry time, not the time swum during the meet. Deck entered swimmers are not eligible for awards.</p> <p>Awards must be picked up by the end of the meet. They will not be mailed.</p>	
<b>SCORING</b>	20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1	
<b>PROGRAMS AND ADMISSION</b>	Programs/heat sheets will be sold by <input checked="" type="checkbox"/> session <input type="checkbox"/> entire meet. Meet mobile <input checked="" type="checkbox"/> will <input type="checkbox"/> will not be available. Admission is \$5.00. Children under five admitted free. Volunteers serving in a capacity determined by the Meet Director will be refunded admission cost.	
<b>MISCELLANEOUS</b>	Results will be posted throughout the meet for parents and swimmers to view. Live results will be available at <a href="http://results.teamunify.com/macya/">http://results.teamunify.com/macya/</a> as well as through the Meet Mobile app available for iPhone and Android. Final results will be posted on <a href="http://www.maswim.org">www.maswim.org</a> , and they will also be provided electronically to any coach who brings a flash drive, at the conclusion of the meet.	
<b>SESSION</b>	<b>WARM-UP TIMES</b>	<b>MEET STARTS</b>
1 (FRI. DIST.)	5:30 PM	6:30 PM
2 & 5 (13 & OVER)	7:00 AM	8:00 AM
3 & 6 (DISTANCE)	11:00 AM	11:30 AM
4 & 7 (12 & UN.)	1:00 PM (12:30 PM SUNDAY)	2:00 P (1:30 P SUN)
<b>WARM-UP INFORMATION</b>	USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes. Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet. Sprint/ Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules	
<b>DECK PRIVILEGES</b>	Only currently credentialed coaches, USA Swimming registered athletes and essential meet personnel will be permitted on deck. Swimmers must be under the direct supervision of an USA Swimming Member Certified Coach at all times. Coaches must present their current USA Swimming registration card and keep it visible on deck at all times. Unattached swimmers and attached swimmers attending without a coach are responsible for securing a USA Swimming Member coach who will supervise them while on deck during warm-up, warm down, before, during, or after the meet. Additionally these swimmers must register a contact person with the meet director. This information should be submitted with the entries.	
<b>RACING START CERTIFICATION</b>	Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. <b>A copy of the Racing Start Certification Checklist, signed by a USA Swimming member coach, must be given to the referee prior to the start of the meet.</b>	
<b>QUALIFYING TIMES</b>	Qualifying Times (if applicable) are shown on the attached Meet Structure	
<b>MEET/DECK REFEREE</b>	The meet/deck referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to him/her. The meet/deck referee has final judgment for <b>any</b> issues that arise that day during the course of the meet.	
<b>MEET MARSHALS</b>	Meet Marshals have full authority through the Meet Referee & Safety Director for safety and good order throughout the venue at all times. Swimmers, coaches and spectators may be removed from the deck/venue for non-compliance with procedures or non-cooperation with Marshals' instructions.	
<b>RULES:</b>	This meet will be governed by current USA Swimming Rules. Fly-over starts will be used at this meet for all events involving swimmers 9 and over. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.	
	For pools with bulkheads: Any swimmer observed swimming under or through the bulkhead by an Official or Safety Monitor/Marshal at the meet will be disqualified from that swimmer's next individual event or from the remainder of the	

	<p>meet, as determined by the Meet Referee. This policy will be STRICTLY enforced.</p> <p>Smoking and the use of tobacco products are prohibited as is sale and use of alcoholic beverages/</p> <p><b>No unauthorized personnel will be allowed on the pool deck.</b> Coaches, Officials, and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, except swimmers, will be prevented from entering the deck area</p>						
<b>DISABLED SWIMMERS</b>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.						
<b>PROTESTS</b>	A Meet Jury will adjudicate any protests including issues of conduct which may occur in the meet venue. All protests must be in writing to the Meet/Deck Referee. The Meet Jury will consist of the Meet Director, an Athlete and a Coach. Additional members including an official may be added for a jury of five. The Meet Referee will act as a mediator						
<b>PHOTOGRAPHY</b>	<p><b>Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT</b></p> <p>In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers /videographers are not permitted on deck at any time.</p> <p>As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.</p>						
<b>DECK CHANGING</b>	Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.						
<b>DIRECTIONS</b>	<p>From the north (Harrisburg): I-83 South to Exit 24 (Emigsville); left onto Church Rd.; right onto N. George St.; left onto Emig Rd. School is on the left.</p> <p>From the south (Baltimore): I-83 North to Exit 22 (N. George St.); right onto Emig Rd. School is on the left.</p> <p>From the east (Lancaster): US-30 West to Exit 24 (Mt. Zion Rd.); right onto Mt. Zion Rd. School is on the right.</p> <p>From the West (Pittsburgh): I-76 East to Exit 252; I-83 South to Exit 24 (Emigsville); left onto Church Rd.; right onto N. George St.; left onto Emig Rd. School is on the left.</p> <p>From the Southwest (Gettysburg): US-30 East toward York; left onto N. George St.; right onto Emig Rd. School is on the left.</p> <p>The natatorium is located on the left side of the school, across the parking lot from the football stadium.</p>						
<b>ACCOMODATIONS</b>	<table> <tr> <td>Comfort Inn &amp; Suites 2250 North George St. York, PA 17406 717-669-1919</td> <td>Four Points Hotel &amp; Suites 1650 Toronita St. York, PA 17402 717-846-4940</td> </tr> <tr> <td>Hampton Inn 1550 Mount Zion Rd. York, PA 717-840-1500</td> <td>Homewood Suites 200 Masonic Dr. York, PA 17406 717-434-1800</td> </tr> <tr> <td>Red Roof Inn 125 Arsenal Rd. York, PA 17404 717-843-8181</td> <td>Wingate by Wyndham Arsenal Rd. and N. George St. York, PA 17404 717-848-2100</td> </tr> </table>	Comfort Inn & Suites 2250 North George St. York, PA 17406 717-669-1919	Four Points Hotel & Suites 1650 Toronita St. York, PA 17402 717-846-4940	Hampton Inn 1550 Mount Zion Rd. York, PA 717-840-1500	Homewood Suites 200 Masonic Dr. York, PA 17406 717-434-1800	Red Roof Inn 125 Arsenal Rd. York, PA 17404 717-843-8181	Wingate by Wyndham Arsenal Rd. and N. George St. York, PA 17404 717-848-2100
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